








+1 514 634 5000 / +33 4 81 68 55 86

SPORT ESSENTIALS

**MONTREAL > MAGOG > MONT-MEGANTIC NATIONAL PARK > FRONTENAC NATIONAL PARK > QUEBEC CITY
> TADOUSSAC > SAGUENAY > MAURICIE > MONTREAL**

Take a deep breath of fresh air on this tour. This itinerary is perfect for epicureans who want to discover Quebec in a different way. Follow in the footsteps of the locals and visit their favorite regions. From the vineyards of the Eastern Townships to the hikes of Taureau Lake, take on this itinerary rich in flavors!

 Region	Eastern Canada
 Activity	Self-drive
	Summer
 Duration	17 days
 Code	WEDSPORT
 Price	From €2,178
 Level	2/5
 Comfort	3/5

ITINERARY

Day 1 Montreal



Here you are in Montreal. What better way to start your visit than in such a dynamic city! Experience Old Montreal as you stroll the cobblestone streets and admire Notre-Dame Basilica. Climb aboard the Ferris Wheel for an exceptional night-time view of the city!

- Accommodation: Hotel

Day 2 Montreal



A charming multicultural city. Stroll along the cobblestone streets of the Old Port and take in the views of the Saint Lawrence River for a taste of North American culture, right in the midst of towering skyscrapers. Continue your day with a walk to the top of Mount Royal, overlooking the city at sunset. Breathtaking! Don't miss the arty Plateau district with its colorful houses, where you can enjoy one of the best poutines in town and end your day in the heart of the lively nightlife!

Suggested activities (\$):

- Full-day bike rental

- Guided walking tour of the city

- Accommodation: Hotel

Day 3 Montreal / Mont-Mégantic



Today, you're heading to a truly unique place in Québec that will amaze both kids and adults: Mont Mégantic National Park.

Rising to about 1,100 meters in altitude, this mountain is famous for its astronomical observatory and its International Dark-Sky Reserve – the first of its kind in the world! The observatory's various telescopes play an important role in astronomical research on a global scale. This site is also a top spot for hiking and wildlife observation.

- Transport: 238 km - about 2h30

- Accommodation: Hotel

Day 4 Mont-Mégantic



Make the most of this beautiful day to explore Mont Mégantic! Start your day with a short hike or a bike ride to get warmed up. Then continue with a wildlife observation activity, and end the day on a high note —head in the stars—with a visit to the observatory and the ASTROLab. A wide range of family-friendly activities are available on site.

- Accommodation: Hotel

📍 Day 5 **Mount Megantic National Park / Frontenac National Park**



After soaking up the starry skies and breathtaking views of Mont Mégantic, it's time to hit the road again. Your next stop: Frontenac National Park, nestled along the shores of Grand Lac Saint-François. The drive takes you through rolling countryside and quiet villages—perfect for a scenic, laid-back ride. Once you arrive, you'll find a peaceful haven ideal for kayaking, birdwatching, and hiking through dense forests and lakeside trails.

- Transport: 70 km - about 1h05

- Accommodation: Hotel

📍 Day 6 **Frontenac National Park**



Frontenac National Park is a hidden gem in Québec, perfect for nature lovers and adventure seekers alike. Surrounded by pristine lakes and dense forests, the park invites you to explore its many hiking and cycling trails that range from easy strolls to more challenging routes. You can paddle across the calm waters of Grand Lac Saint-François by canoe or kayak, soaking in the peaceful atmosphere and spotting local wildlife along the way. For those interested in birdwatching, the park's diverse habitats provide excellent opportunities to see a variety of species.

- Accommodation: Hotel

📍 Day 7 **Frontenac National Park / Quebec city**



Next destination: the charming city of Québec.

Rich in culture and history, Québec City has the look and feel of an old-world town. Indeed, its oldest part has preserved its historic character and a “Old France” charm.

- Transport: 156 km - about 2h10

- Accommodation: Hotel

📍 Day 8 **Quebec city**



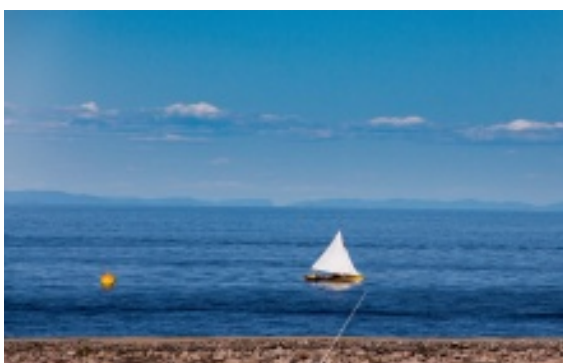
Québec is exceptional both for the dazzling richness of its architectural heritage and the beauty of its setting. The picturesque Old Town is, in fact, listed as a UNESCO World Heritage site. Not to be missed are the Château Frontenac, which towers over the city, as well as the Plains of Abraham, Old Québec, the military parade ground, and the Terrasse.

Suggested activities (\$):

- Guided group electric bike tour or electric bike rental for the day
- Guided tour of Château Frontenac
- Guided group tour of the traditional Huron site

-Accommodation: *Hotel*

📍 Day 9 **Quebec city / St-Jean Lake**



Leave your car behind for three days and embark on a bike journey beginning toward Métabetchouan. Make a stop in the charming little village of Saint-Gédéon, where you can enjoy activities such as sea kayaking and paddleboarding. Don't forget to visit the local cheese shop and microbrewery to discover some unique delights! Then, pedal on to Métabetchouan, where you can admire the sunset on the beach before settling into your accommodation.

- Transport: 227 km - about 2h30

- Accommodation: *Hotel*

📍 Day 10 **St-Jean Lake**



On your way to Roberval for your second day! Along the route, you can get your adrenaline pumping and enjoy breathtaking landscapes in Desbiens, whether by visiting H2O or the Trou de la Fée Park, or by stepping back in time with a visit to the Val-Jalbert Historic Village. Be sure to also enjoy the Roberval marina, which offers a spectacular viewpoint.

- Transport: 34,8 km (on bike) - about 1h50

- Accommodation: *Hotel*

📍 Day 11 **St-Jean Lake**



For your last day, learn more about the culture of the Innu Nation of Lac-Saint-Jean by visiting the Mashteuiatsh Innu Museum, or head out to meet wildlife at the Saint-Félicien Wildlife Zoo. A shuttle will bring you back at the end of the day.

- Accommodation: Hotel

📍 Day 12 St-Jean Lake / Sacré-Coeur



Get back on the road with your rental car and immerse yourself in the Saguenay fjord and its towering cliffs that will take your breath away. Explore this stunning landscape by boat, kayak, or on one of the many hiking trails suited to all levels. For a more immersive experience, try kayaking in a small guided group, or take on the Via Ferrata des Géants, with intermediate and advanced routes offering spectacular views. Get ready for an unforgettable experience combining raw nature and thrilling adventure!

Suggested activities (\$):

- Via Ferrata “La Passerelle”

- Guided small-group kayaking in the fjord

- Transport: 184 km - about 2h15

- Accommodation: Hotel

📍 Day 13 Sacré-Coeur



Be amazed by the magic of Tadoussac, a true gem where the Saint Lawrence River meets the Saguenay Fjord, creating a spectacular setting to observe up to 13 species of whales, including the majestic blue whale and enjoy the interpretation centers to learn more about these incredible marine mammals. For a dose of adventure, don't miss the Tadoussac dunes. For history enthusiasts, the Chauvin Trading Post takes you back to the early days of the fur trade in Canada with fascinating exhibits that bring this historical legacy to life

- Included activity : whale watching cruise

- Accommodation: Hotel

📍 Day 14 Sacré-Coeur / Ile aux Coudres



Off you go to Isle-aux-Coudres, which nestled across from Baie-Saint-Paul, charms visitors with its authentic atmosphere and peaceful vibe. This picturesque island offers an idyllic setting of green fields, fruit orchards, and stunning river views. Renowned for its apples and artisanal ciders, it's a must-visit destination for food lovers. Visitors can enjoy local treats while strolling along scenic coastal trails, taking in the natural landscape and traditional architecture. Whether you're seeking a quiet escape or a deep dive into local culture, L'Isle-aux-Coudres promises an unforgettable experience full of relaxation and discovery.

- Transport: 122 km - about 2h40

- Accommodation: Hotel

📍 Day 15 Ile aux Coudres



On your second day on L'Isle-aux-Coudres, take time to explore the island at your own pace. Rent a bike and follow the scenic 23 km loop around the island, stopping at key spots like the Moulin des Forges and the Moulin à vent, two beautifully restored mills that highlight the island's heritage. Visit a local cider house to sample craft ciders and learn about the island's apple-growing tradition. For a more relaxing afternoon, enjoy a picnic by the river, go beachcombing, or try your hand at kitesurfing, a popular activity here when the winds are right. End the day by watching the sun set over the St. Lawrence River—a quiet, breathtaking close to your island escape.

- Accommodation: Hotel

📍 Day 16 Ile aux Coudres / Quebec surroundings



Just 20 to 30 minutes away from Quebec City, a wealth of treasures awaits you: the Sainte-Anne Canyon, over 1.2 billion years old, with its impressive 74-meter waterfall; and the Huron Traditional Site, where you can learn more about First Nations history and culture. Don't miss Île d'Orléans, surrounded by the St. Lawrence River and known for its picturesque villages and local producers—vineyards, wineries, cheesemakers, cider houses, and other regional delights. For nature lovers, head to Jacques-Cartier National Park, home to stunning glacial valleys.

- Transport: 128 km - about 2h30

- Accommodation: Hotel

📍 Day 17 Montreal



As your adventure comes to an end, it's time to leave the peaceful landscapes behind and head back to Montréal. Enjoy the scenic drive one last time as you reflect on the unforgettable moments of your trip—from starry skies and fjord views to wildlife encounters and cultural discoveries. Once in Montréal, you'll return your vehicle and make your way to the airport for your flight home, taking with you lasting memories of Québec's natural beauty, rich heritage, and warm hospitality.

- Transport: 261 km - about 3h

PERIOD & BUDGET

When to travel?

The best period for travelling is during the following months:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
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Price

From \$3,250 / person (based on two people)

The budget is an indication of the price per person, subject to availability. Your local agent will send you a customized quote with the exact price. The price can vary according to availability, level of services, period of travel, number of participants, booking time frame and other items.

Included

- 16 nights' standard accommodation
- 15-day rental of a mid-size Hyundai Elentra or equivalent, unlimited mileage, LDW and ALI insurance, local taxes, airport fees, one tank of gas and an additional driver
- The following activity: Half tour of Saint-Jean Lake by bike, whale whatching cruise
- Bedding rental in national park accommodations
- Roadbook (electronic version)
- Canadian taxes (federal and provincial)
- 24-hour assistance

Not included

- International flights (available on request)
- Gasoline
- Personal expenses
- Meals not mentioned
- Beverages (except tea and coffee for included meals)
- Entrance fees to national parks
- Optional activities not mentioned
- Travel insurance

Terms and conditions

Booking conditions

By registering for one of our travel, the customer bindingly accepts the General Terms and Conditions of Sale. Each customer must complete a registration form. The booking is definitively recorded when the customer has settled the payment of a deposit of 35 % of the total travel price (subject to availability at the time of registration). In case of short term bookings – within 35 days prior to the travel departure – the full travel price is due immediately. Payments can be settled via bank transfer (SWIFT code/IBAN number) or online, directly from our website (soon available). You will receive an email with a booking confirmation as quickly as possible

Invoice procedure

Once your booking is registered, we send you an email with the invoice. Full payment is required at least 35 days before your arrival. If the customer does not settle the payment of the travel price within the period agreed upon, Altaï Canada reserves the right to cancel the booking free of charge.

Cancellation policy

If, for any reason, you need to cancel your trip, any payments already made will be refunded **subject to the following deductions:**

If cancellation occurs:

- **More than 31 days before departure:** 20% of the total booking amount (excluding insurance and fixed fees)
- **Between 30 and 21 days before departure:** 35% of the total booking amount (excluding insurance and fixed fees)
- **Between 20 and 14 days before departure:** 50% of the total booking amount (excluding insurance and fixed fees)
- **Between 13 and 7 days before departure:** 75% of the total booking amount (excluding insurance and fixed fees)

- **Less than 7 days before departure:** 100% of the total booking amount (excluding insurance and fixed fees)

Special Cases:

Regardless of the cancellation or contract modification date, the following fees **are added** to the standard cancellation terms above:

- **Airfare fees:** If your flight ticket has to be issued well in advance—often to secure the best fare—**100% of the non-refundable flight costs** will be charged in case of cancellation or change. In this case, the standard cancellation terms apply **only to the land portion** of the trip.
- **Land service fees:** Any non-refundable fees incurred early for firm bookings will be charged in case of cancellation.
- **Insurance:** Whether you purchased multi-risk or cancellation insurance, the **insurance premium is non-refundable** under any circumstances.

If you are forced to cancel your trip before departure, you must inform both **Altai Canada** and your insurance provider as soon as possible, using **written communication that provides proof of receipt**.

The **date the written notice is received** will be considered the official cancellation date and will determine the applicable cancellation fees.

If Altai Canada is required to cancel a group departure due to an insufficient number of participants, this decision will be made, and customers notified, **no later than 21 days before departure**.

Altai Canada may also cancel a trip due to **exceptional circumstances** considered force majeure (e.g., volcanic eruptions, social unrest, strikes, severe weather) that could compromise the safety of participants. In such cases, **all amounts paid will be fully refunded**, but **no additional compensation** can be claimed.

Changes to travel contract

If a change to travel contract is made at the customer's request, any fee that might arise from this change shall be paid by the customer. In any cases, every request for changes shall be notified in writing. In case of external events that could not be foreseen, Altai Canada might change some aspects of the travel contract. We will endeavour to advise you of any changes as quickly as possible.

Pricing

All group travel prices on our website have been calculated for the indicated number of participants for each trip. The price list is confirmed after the booking. If the number of participants is lower than expected, an additional payment charge might be applied. For each travel and program, we mention the price per person – valid for the minimum number of participants – and we provide you with detailed explanations about the services included or not. Any change in the exchange rates or in the price of travel services in particular regarding the cost of the fuel, might entail price revision.

Contract transfer

In case of transfer of the contract by the customer to an assignee, modification and cancellation conditions apply.

Insurance

We recommend that you get personal insurance before your departure to cover the activities undertaken by Altai Canada. If you have not purchased your insurance directly with us, we ask that you email us your insurance contract information (company, policy name, policy number, phone number) and bring this information with you on your trip.

