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# COAST TO COAST: FROM QUÉBEC'S CHARMS TO THE ROCKIES' MAJESTY

**QUEBEC > CHARLEVOIX > SAGUENAY > MAURICIE > MONTREAL > 1000 ISLANDS > TORONTO > CALGARY > BANFF > JASPER > CLEARWATER > KAMLOOPS > WHISTLER > VANCOUVER**

This self-guided tour, full of surprises you'll remember for the rest of your life, lets you explore Canada's must-sees!

Discover Eastern Canada from Quebec to Ontario. Enjoy the charm of these regions, with their vast expanses of green space, sporting activities in the heart of nature and the discovery of various emblematic cities. Then it's on to Western Canada, where you'll explore the regions of Alberta and British Columbia. Let yourself be charmed by the sublime Rockies and their breathtaking landscapes!

This itinerary is perfect for adventurers who can't decide which of Canada's two charming coasts to visit.

 Region	Eastern Canada Western Canada
 Activity	Family Nature - Adventure Self-drive Summer
 Duration	29 days
 Code	AUSESTOUEST
 Price	From €4,898
 Level	2/5
 Comfort	4/5

## ITINERARY

### Day 1 Montreal



Arriving in Montreal means entering the heart of North America's French-speaking world, where a rich history seamlessly intertwines with contemporary energy. The city's unique charm is in how it fuses tradition with modernity, offering a vibrant experience that's always shifting and growing.

- Accommodation: Hotel

### Day 2 Montreal



Montreal is a delightful blend of cultures, where every corner offers something unique. Wander through the charming cobblestone streets of the Old Port, taking in the stunning views of the Saint Lawrence River, a perfect mix of history and modern urban life. Later, hike up Mount Royal for a panoramic sunset view over the city—simply breathtaking! Don't forget to explore the artsy Plateau district, known for its vibrant houses.

Suggested activities (\$):

- Guided walking tour of the city

- Accommodation: Hotel

### Day 3 Montreal / Quebec



Next destination: the charming city of Québec.

Rich in culture and history, Québec City has the look and feel of an old-world town. Indeed, its oldest part has preserved its historic character and a "Old France" charm.

-Accommodation: Hotel

-Transportation: 251km approx., 3h approx.

### Day 4 Quebec



Québec City stands out for its stunning blend of architectural grandeur and natural beauty. Its enchanting Old Town, a UNESCO World Heritage site, is a must-see. The iconic Château Frontenac dominates the skyline, while the historic Plains of Abraham and Old Québec invite exploration.

Suggested activity (\$):

- Guided tour of Château Frontenac

-Accommodation: Hotel

#### 📍 Day 5 Québec / Sacré-Coeur



Get back on the road and be amazed by the magic of Tadoussac, a true gem where the Saint Lawrence River meets the Saguenay Fjord, creating a spectacular setting to observe up to 13 species of whales, including the majestic blue whales. You can also enjoy the interpretation centers to learn more about these incredible marine mammals.

Suggested Activity (\$):

- Whale observation cruise

-Accommodation: Hotel

-Transportation: 230km approx., 3h30 approx.

#### 📍 Day 6 Sacré-Coeur



For a dose of adventure, don't miss the Tadoussac dunes. For history enthusiasts, the Chauvin Trading Post takes you back to the early days of the fur trade in Canada with fascinating exhibits that bring this historical legacy to life.

-Accommodation: Hotel

#### 📍 Day 7 Sacré-Coeur / Charlevoix



A must-visit on any trip to Québec, Charlevoix, a region where mountains meet the St. Lawrence River in breathtaking harmony. Your first stop: Baie-Saint-Paul, a charming town known for its vibrant arts scene and stunning natural surroundings. Stroll through its quaint streets lined with galleries, boutiques, and cafés, or take in the peaceful riverside atmosphere.

-Accommodation: Hotel

-Transportation: 137km approx., 2h15 approx.

📍 Day 8 **Charlevoix**



Spend a day exploring Parc des Grands-Jardins, a stunning natural reserve in the heart of Charlevoix. Known for its rugged landscapes, pristine forests, and diverse wildlife, the park is a paradise for hikers and nature lovers alike. Wander along scenic trails that reveal panoramic views of mountains, lakes, and valleys. Keep an eye out for moose, beavers, and an array of bird species.

Suggested Activity (\$):

- Kayak rental

-Accommodation: Hotel

📍 Day 9 **Charlevoix / Tremblant**



After brunch, head to Tremblant! Admire the beauty of the Laurentians and enjoy a peaceful getaway in nature. Along the way, make a few stops at iconic sites such as Montmorency Falls. You'll be amazed by the height of these falls. For culture lovers, stop in Trois-Rivières to learn more about the local culture at some of the museums.

-Accommodation: Hotel

-Transportation: 462km approx., 5h approx.

📍 Day 10 **Tremblant**



On your second day, immerse yourself further in nature with a trip to Mont-Tremblant National Park, a paradise for outdoor lovers. Wander along picturesque hiking trails, relax by serene lakes, and explore lush forests brimming with wildlife.

Suggested activity (\$):

- Guided e-mountain bike tour

-Accommodation: Hotel

📍 Day 11 **Tremblant / Ottawa**



Leave the Laurentides region behind and head to Ottawa, Canada's capital. Upon arrival, be captivated by the elegant architecture of the government buildings and the peaceful atmosphere along the Rideau Canal. The landscaped banks invite you to stroll through green spaces and charming views of the city.

-Accommodation: Hotel

-Transportation: 153km approx., 1h50 approx.

📍 Day 12 **Ottawa**



Why not explore Ottawa by bike along the scenic Rideau Canal to Parliament Hill? Wander through the historic center, the lively ByWard Market, and admire Chaudière Falls. For a magical experience, visit the Canadian Museum of History and enjoy a stunning sunset over the capital. A perfect way to discover Ottawa at its best!

Suggested activities (\$):

- Visit to the Canadian Museum of History
- Guided bike tour of the city

-Accommodation: Hotel

📍 Day 13 **Ottawa / Toronto**



After soaking in the charm of Ottawa for one last time, head to Toronto, Canada's dynamic megacity. Begin your visit with stunning views from the CN Tower, then dive into the city's diverse neighbourhoods. With its lively cultural scene and endless global flavours, Toronto offers a whole new side of Canada to explore.

-Accommodation: Hotel

-Transportation: 449km approx., 4h30 approx.

📍 Day 14 **Toronto**



The city of Toronto is a must-visit on any trip to Canada! Heavily influenced by American culture, it's often referred to as the New York of Canada. Stroll through art-filled streets like Graffiti Alley, or hop on a bike and explore the Toronto Islands, offering stunning views of the city's impressive skyline. With so much to see and do, one thing's for sure: it's impossible to get bored in Toronto.

Suggested activity (\$):

- CN Tower

-Accommodation: Hotel

📍 Day 15 **Toronto**



Today, why not take a day trip from Toronto to witness the awe-inspiring Niagara Falls. Just a short drive away, you can get up close to the roaring waterfalls, enjoy boat tours, and explore the surrounding parks. Whether from the observation decks or the water itself, the view is unforgettable.

- Included activity : cruise at Niagara Falls

-Accommodation: Hotel

#### 📍 Day 16 Toronto / Calgary



After exploring the wonders of the East coast, leave your rental car behind and fly West to Calgary, a vibrant city nestled at the foot of the Canadian Rockies. On arrival, you'll instantly find a dynamic mix of modern urban life and western heritage, with plenty to explore before your next adventure.

-Accommodation: Hotel

-Transportation: approx. 4h15 by plane

#### 📍 Day 17 Calgary / Banff



After a day of exploring Calgary, where you've experienced the energy of Stephen Avenue, taken in the stunning views from the Calgary Tower, and wandered through the striking architecture of the Calgary Stampede Grounds, it's time to head to Banff. After picking up your rental car, a scenic drive awaits, taking you into the heart of the Canadian Rockies, where mountain peaks, turquoise lakes, and endless outdoor adventures are waiting.

-Accommodation: Hotel

-Transportation: 127km approx., 1h30 approx.

#### 📍 Day 18 Banff



Discover the stunning beauty of Banff National Park, one of Canada's most iconic natural wonders. Immerse yourself in its awe-inspiring landscapes, from towering mountains to crystal-clear lakes. Explore the park's network of hiking trails, each offering breathtaking views and the chance to connect with nature in its purest form.

-Accommodation: Hotel

📍 Day 19 **Banff**



Today, why not embark on a spectacular hike in the Moraine Lake area, exploring the stunning Sentinel Pass? You'll be mesmerized by alpine meadows, towering glaciers, and crystal-clear turquoise lakes. It's the perfect opportunity to capture some unforgettable photos of this breathtaking scenery—so be sure to bring your camera along!

Suggested activity (\$):

-Banff upper hot springs

-Accommodation: Hotel

📍 Day 20 **Banff / Jasper**



Having experienced the magic of Banff, it's time to head towards Jasper. As you drive along the scenic Icefields Parkway, you'll be treated to jaw-dropping views of glaciers, crystal-clear lakes, and rugged peaks—setting the stage for the natural wonders that await in Jasper.

-Accommodation: Hotel

-Transportation: 288km approx., 3h30 approx.

📍 Day 21 **Jasper**



Discover the famous Jasper National Park! Head for the magnificent Maligne Lake, which lies in the hollow of an ancient glacial valley, and take advantage of a cruise included in this package to explore this magnificent place. Why not continue the day with a hike in this section of the park, on the Bald Hills flower trail, offering superb mountain views.

- Included activity : Maligne Lake cruise

-Accommodation: Hotel

📍 Day 22 **Jasper / Clearwater**

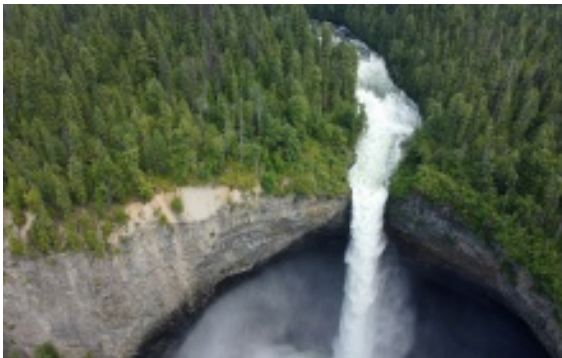


Take one last look at Jasper before driving to Clearwater and step into a world of striking natural beauty. Nestled at the edge of Wells Gray Provincial Park, this charming town is the perfect gateway to explore breathtaking landscapes and unspoiled wilderness.

-Accommodation: Hotel

-Transportation: 317km approx., 3h20 approx.

#### 📍 Day 23 Clearwater



Wells Gray Provincial Park is known for its dramatic waterfalls and rugged wilderness. Take a short hike to the stunning Helmcken Falls, or venture deeper to explore Moul Falls and its unique behind-the-water viewpoint. For a peaceful escape, paddle across Clearwater Lake or join a wildlife tour—you might spot bears, moose, or even eagles. Nature lovers will find plenty to explore in this hidden corner of British Columbia.

-Accommodation: Hotel

#### 📍 Day 24 Clearwater / Kamloops

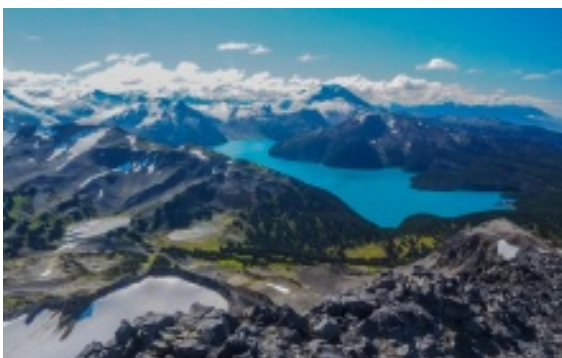


Head to Kamloops, a city known for its sunny climate, desert-like landscapes, and wide range of outdoor activities. With its canyons, dry plains, and surrounding forests, it's a paradise for hiking, mountain biking, kayaking, canoeing, and even golf. Kamloops also hosts the largest powwow in British Columbia, offering a unique chance to experience Indigenous culture and tradition.

-Accommodation: Hotel

-Transportation: 125km approx., 1h30 approx.

#### 📍 Day 25 Kamloops / Whistler



Next, head to Whistler, one of North America's premier ski resorts. Even in summer, the mountain town offers a variety of outdoor adventures, from hiking and mountain biking to exploring its vibrant village.

-Accommodation: Hotel

-Transportation: 302km approx., 4h approx.

📍 Day 26 **Whistler**



Immerse yourself in the beauty of nature as you explore a network of trails, each offering stunning panoramic views of snow-capped mountains, alpine meadows, and lush forests. Every step unveils a new perspective of the breathtaking landscape.

Suggested Activity (\$):

- Ziptrek tour

-Accommodation: Hotel

📍 Day 27 **Whistler / Vancouver**

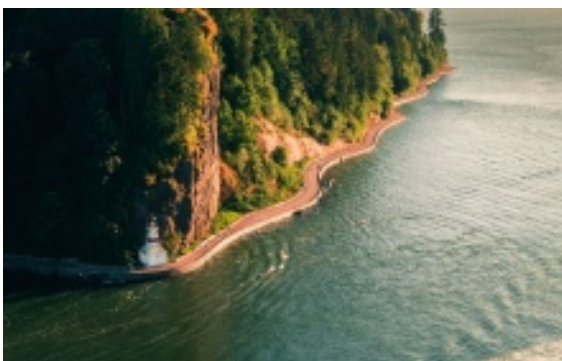


Enjoy your last day in Whistler and leave for Vancouver. One of the most beautiful and cosmopolitan cities in North America. Known for its stunning natural landscapes and cultural diversity, it is also one of the most densely populated cities in Canada. Whether you're drawn to the city's vibrant neighborhoods or its breathtaking views, Vancouver promises a perfect blend of modernity and nature that will captivate you from the very first moment.

-Accommodation: Hotel

-Transportation: 121km approx., 1h40 approx.

📍 Day 28 **Vancouver**



Time to discover what this city has to offer! We highly suggest its aquarium, museum of anthropology, parks, including the famous Stanley Park, and unique Chinatown.

Suggested activity (\$):

- Guided walking tour of Granville Island Market

-Accommodation: Hotel

📍 Day 29 **Departure**



Depending on your flight schedule, enjoy a free day to continue your exploration. Take in the city's vibrant neighborhoods, stunning waterfront, or lush parks. As the day winds down, head to the airport for your flight home, reflecting on an unforgettable adventure.

## PERIOD & BUDGET

### When to travel?

The best period for travelling is during the following months:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
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### Price

From \$7,310 / person (based on two people)

*The budget is an indication of the price per person, subject to availability. Your local agent will send you a customized quote with the exact price. The price can vary according to availability, level of services, period of travel, number of participants, booking time frame and other items.*

### Included

- 28 nights' standard accommodation
- 22-day rental of a mid-size Hyundai Elentra or equivalent, unlimited mileage, LDW and ALI insurance, local taxes, airport fees, one tank of gas and an additional driver
- The following activity: boat cruise at Niagara falls, maligne lake cruise
- Roadbook (electronic version)
- Canadian taxes (federal and provincial)
- 24-hour assistance

### Not included

- International and domestic flights (available on request)
- Gasoline
- Personal expenses
- Meals not mentioned
- Beverages (except tea and coffee for included meals)
- Entrance fees to national parks
- Optional activities not mentioned
- Travel insurance

### Terms and conditions

#### Booking conditions

By registering for one of our travel, the customer bindingly accepts the General Terms and Conditions of Sale. Each customer must complete a registration form. The booking is definitively recorded when the customer has settled the payment of a deposit of 35 % of the total travel price (subject to availability at the time of registration). In case of short term bookings – within 35 days prior to the travel departure – the full travel price is due immediately. Payments can be settled via bank transfer (SWIFT code/IBAN number) or online, directly from our website (soon available). You will receive an email with a booking confirmation as quickly as possible

#### Invoice procedure

Once your booking is registered, we send you an email with the invoice. Full payment is required at least 35 days before your arrival. If the customer does not settle the payment of the travel price within the period agreed upon, Altaï Canada reserves the right to cancel the booking free of charge.

#### Cancellation policy

If, for any reason, you need to cancel your trip, any payments already made will be refunded **subject to the following deductions:**

**If cancellation occurs:**

- **More than 31 days before departure:** 20% of the total booking amount (excluding insurance and fixed fees)
- **Between 30 and 21 days before departure:** 35% of the total booking amount (excluding insurance and fixed fees)
- **Between 20 and 14 days before departure:** 50% of the total booking amount (excluding insurance and fixed fees)
- **Between 13 and 7 days before departure:** 75% of the total booking amount (excluding insurance and fixed fees)
- **Less than 7 days before departure:** 100% of the total booking amount (excluding insurance and fixed fees)

### Special Cases:

Regardless of the cancellation or contract modification date, the following fees **are added** to the standard cancellation terms above:

- **Airfare fees:** If your flight ticket has to be issued well in advance—often to secure the best fare—**100% of the non-refundable flight costs** will be charged in case of cancellation or change. In this case, the standard cancellation terms apply **only to the land portion** of the trip.
- **Land service fees:** Any non-refundable fees incurred early for firm bookings will be charged in case of cancellation.
- **Insurance:** Whether you purchased multi-risk or cancellation insurance, the **insurance premium is non-refundable** under any circumstances.

If you are forced to cancel your trip before departure, you must inform both **Altai Canada** and your insurance provider as soon as possible, using **written communication that provides proof of receipt**.

The **date the written notice is received** will be considered the official cancellation date and will determine the applicable cancellation fees.

If Altai Canada is required to cancel a group departure due to an insufficient number of participants, this decision will be made, and customers notified, **no later than 21 days before departure**.

Altai Canada may also cancel a trip due to **exceptional circumstances** considered force majeure (e.g., volcanic eruptions, social unrest, strikes, severe weather) that could compromise the safety of participants. In such cases, **all amounts paid will be fully refunded**, but **no additional compensation** can be claimed.

### **Changes to travel contract**

If a change to travel contract is made at the customer's request, any fee that might arise from this change shall be paid by the customer. In any cases, every request for changes shall be notified in writing. In case of external events that could not be foreseen, Altai Canada might change some aspects of the travel contract. We will endeavour to advise you of any changes as quickly as possible.

### **Pricing**

All group travel prices on our website have been calculated for the indicated number of participants for each trip. The price list is confirmed after the booking. If the number of participants is lower than expected, an additional payment charge might be applied. For each travel and program, we mention the price per person – valid for the minimum number of participants – and we provide you with detailed explanations about the services included or not. Any change in the exchange rates or in the price of travel services in particular regarding the cost of the fuel, might entail price revision.

### **Contract transfer**

In case of transfer of the contract by the customer to an assignee, modification and cancellation conditions apply.

### **Insurance**

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We recommend that you get personal insurance before your departure to cover the activities undertaken by Altai Canada. If you have not purchased your insurance directly with us, we ask that you email us your insurance contract information (company, policy name, policy number, phone number) and bring this information with you on your trip.

